

Safeguarding Week 2020

Easy Read Safeguarding Adults Resources

County Durham Safeguarding Adults Board Vision and Priorities



County Durham Safeguarding Adults Board (SAB) partners have agreed the SAB Vision:

We will support adults at risk of harm to prevent abuse happening; when it does occur, we will act swiftly to achieve good outcomes and we will consult with the local Healthwatch as a source of support to inform SAB activity.

Communication



People are left at risk of abuse and neglect if they are not understood and no one is able to communicate with them. Ensuring that people can communicate and that they are understood goes a long way to preventing abuse and neglect from taking place. When abuse and neglect does occur, safeguarding involves working with the adult and making what they want to happen to resolve it central. So, communication, including understanding through observation, is essential.

Accessibility Regulations 2018

The Government Accessibility Regulations 2018 are about making your websites and apps accessible; they apply to all public sector bodies and some voluntary organisations.

[Accessibility requirements](#)

Accessible Information Standard 2016

All organisations that provide NHS care and publicly funded adult social care are legally required to follow the Accessible Information Standard, to meet the information and communication support needs of patients, service users, carers and parents with a disability, impairment or sensory loss.

- For a step-by-step overview in an animated video with subtitles and BSL interpretation
- And a short summary document about the Standard for patients, service users, carers and parents in a range of formats, including Easy Read and BSL

Visit <https://www.england.nhs.uk/ourwork/accessibleinfo/>

All about Easy Read



Easy Read is a way of producing information that is accessible for some people with learning disabilities. This resource collates Easy Read material to support safeguarding, and signposts to resources to help write in Easy Read. There are also some links to accessible film and videos. Placing Easy Read material directly onto websites is increasingly replacing the use of stand-alone documents.

How to write Easy Read material

These resources can help you in creating Easy Read material.

-  [Creating documents in Easy Read - top tips and guides](https://www.st-andrews.ac.uk/hr/edi/disability/easyread/)
-  [Tips on producing material \(also offer paid for training\)](https://www.easyreaduk.co.uk/about-easy-read/)
-  [How to and tips](https://www.photosymbols.com/pages/easy-read)

Easy Read compared to Plain or Clear English



Using Plain English or Clear English from the start can help in producing Easy Read, but there is a difference between Easy Read and Clear English or Plain English as shown in this example from St Andrew University guide.

Visit <https://www.st-andrews.ac.uk/hr/edi/disability/plain/>

Example of Clear or Plain English

"Thank you for your letter asking for permission to put up posters in the library. Before we can give you an answer we will need to see a copy of the posters to make sure they won't offend anyone."

Example of Easy Read

"Thank you for your letter about your poster. We need to see the poster before we put it up. This is because it must not offend anyone. Offend means to upset people."

Plain English



Plain or Clear English should be used for material written for the public. There are free guides including the A – Z of alternative words on the Plain English website.

Visit <http://www.plainenglish.co.uk/free-guides.html>

Easy Read Safeguarding Adults resources



Safeguarding Adults Board website

There are several Easy Read documents on the Safeguarding Adults Board website.

On page <http://www.safeguardingdurhamadults.info/article/18027/What-is-abuse->

Safeguarding easy read factsheet

This easy read document is about types of abuse, how to spot the signs, and what happens when you report it.

 [Safeguarding Easy Read Factsheet](#)

My Story

A County Durham person's experiences have been made into a short film, My Story. My Story takes you through the journey of recognising an abusive situation, gaining positive safeguarding support, and achieving resolution. The clear message is to 'think' and 'report'.

 [Service User Story on Youtube](#)

On page <http://www.safeguardingdurhamadults.info/article/18052/Leaflets-and-posters>

Staying Safe easy read workbook

The Staying Safe workbook is an easy read workbook with advice about staying safe at home, at work and in the community. The SAB awards a certificate on completion of the workbook.

 [Staying safe \(PDF, 4.5mb\)](#)

Stop Abuse

The Stop Abuse workbook is about what abuse is, who abuses, how to stop abuse and who to contact if abuse happens. The SAB awards a certificate on completion of the workbook.

 [Stop abuse now \(PDF, 5.5mb\)](#)

What Happens when Abuse is Reported

This booklet tells someone what will happen if they have reported abuse themselves or someone else has reported that they have been abused.

 [What Happens When Abuse is Reported \(PDF, 3.0mb\)](#)

On page <http://www.safeguardingdurhamadults.info/What-happens-when-you-report-abuse>

SAR Family Leaflet – Easy Read

A Safeguarding Adult Review (SAR) takes place if:

- An adult in County Durham has died as a result of abuse or neglect and there is concern for how partner agencies have worked together to protect the adult;
- The adult is alive and has suffered serious abuse or neglect, and there is concern for how partner agencies have worked together to protect the adult.

Holding a SAR is a statutory duty for the SAB and can take place at the same time as a safeguarding enquiry, or at a different time. The purpose of a SAR is:

- Not to apportion blame
- To learn from what happened and why
- Improve how agencies work together
- Prevent similar harm in the future

This easy read document provides some information about SARs, what happens, and who is involved.



[SAR Family Leaflet - Easy Read \(PDF, 257.0kb\)](#)

Covid-19



Learning Disability England during Covid-19

Learning Disability England website has Easy Read information during Covid-19

[keeping-informed-and-in-touch-during-coronavirus](#)

Mencap has produced [Easy read information on COVID-19](#)

Covid-19 ethical framework for adult social care easy read

Responding to change in providing social care in a way that supports people.

<https://www.gov.uk/government/publications/covid-19-ethical-framework-for-adult-social-care>

Handwashing to help prevent Covid-19

The [handwashing rap](#) has been produced to help people who have a learning disability but is useful for everybody.

Face coverings information for people with a learning disability and autistic people

This film by NHS England and NHS Improvement talks about why a face covering is important and why some people might not have to wear one. If you are worried about what people will say if you are not wearing a face covering this film tells you what the law says about face coverings.

https://www.youtube.com/watch?v=IRf8_jt0nMU

Domestic abuse during Covid-19



Government information

The government's Easy Read paper on domestic abuse and getting help during Covid-19 says:

“You do not have to stick to rules about staying at home if you need to get away from domestic abuse”.

[Domestic Abuse During Coronavirus](#)

or

[Domestic abuse-get help during the coronavirus covid-19 outbreak-translations](#)

Gender based violence and Covid-19 posters

Public Health Scotland, SafeLives and partners have published [easy read posters to highlight the risks of Gender-based Violence](#) during the Covid-19 pandemic.

Safe Lives website <https://safelives.org.uk/news-views/domestic-abuse-and-covid-19#people-experiencing-abuse>

The Mental Capacity Act and the deprivation of liberty safeguards during Covid-19



The government has produced an Easy Read paper on

[Easy read: rules about the Mental Capacity Act and the deprivation of liberty safeguards in relation to caring for people during the coronavirus pandemic](#)

[Coronavirus covid-19-Looking after people who lack mental capacity](#)

Empowerment



Sexual Safety – Love Carefully Easy Read guide

Love Carefully, sexual safety for adults with a learning disability - Lessons from Canada and the USA

Sue Sharples has used a Winston Churchill Memorial Fund grant to travel to the USA and Canada to help us all to learn their lessons around preventing abuse and promoting sexual health for people with learning disabilities.

Sue's research had found that people with a learning disability in England are four times more likely to be sexually abused than other citizens.

<https://www.learningdisabilityengland.org.uk/>

⇒ [Read the Love Carefully easy read guide](#)

Care Quality Commission

The Care Quality Commission (CQC) have published:

- A report to promote sexual safety through empowerment, including an easy read version (February 2020) [CQC - Promoting Sexual Safety through Empowerment](#)
- Guidance to help inspectors and social care providers understand the sexuality needs of people using adult social care, including an easy read version (February 2019) [CQC - Relationships and Sexuality Among People Using Adult Social Care](#)

DNR: A guide for understanding your rights and challenging decisions

Learning Disability England has produced a guide about Do Not Resuscitate (DNA) notices and your rights in Easy Read.

[DNR: a guide for understanding your rights and challenging decisions/](#)

Safeguarding Adult Reviews (SAR) / Serious Case Review reports



Sometimes the reports of Safeguarding Adult Reviews and other reviews are about adults with learning disabilities and are published in Easy Read. Two reports from Newcastle are about:

The death of Lee Irving and mate crime

[Easy Read Version of the Lee Irving Report](#)

Sexual exploitation of children and adults with needs for care and support

[Easy Read Version of the Joint Serious Case Review here.](#)

Or visit

<https://www.newcastle.gov.uk/services/care-and-support/adults/report-suspected-adult-abuse-and-neglect/safeguarding-adult>

LeDeR programme



The Learning Disabilities Mortality Review (LeDeR) programme, funded by NHS England, aims to:

- Support improvements in the quality of health and social care service delivery for people with learning disabilities.
- Help reduce premature mortality and health inequalities for people with learning disabilities.

There is Easy Read information about the programme and Easy Read annual reports are available.

<http://www.bristol.ac.uk/sps/leder/easy-read-information/>